



# Focus Group

Do you like Nurture?

**YES!!!**

How do you feel in Nurture?

Focused    *Happy & Calm*    **OK**  
*Happy*    Day is better  
Appreciated & Welcomed  
I like the activities  
  
Calm    *Good*    Excited

What has Nurture helped you with?

*Playing Listening & talking about feelings*    ANGER MANAGEMENT    *Patience*    Coping with annoying people  
Maturity    Helping others    Making Friends    Kindness  
Calmness    *Coping with disappointment*    *Having fun*    Concentrating  
Help me with my 'glows'    *Using my words*

What can Nurture do to help you grow?

Be a better person    *Active listening games*  
**Meditation**    Be Nice    I like the way I am  
*Patience*    Help me be kinder    Being Calm  
*Deal with disappointment*    Dealing with rudeness